

## Activity bingo

Call or facetime a friend or family member	Make a card for a family member	Build a Lego structure	Do some school work
Go on a walk and see the changes in the plants and trees	Paint a picture using objects e.g. cars making track	Help tidy your room	Have a PJ day
Make a rocket using cardboard tubes	Watch a Saddleback Kids video (YouTube)	Make a pile of objects which start with the letter 'L'	How many sit ups can you do in 1 minute?
Read a verse of the bible a day with your family	Watch your favourite film	Make a family tree	Clap on Thursday night at 8pm